



**St. Albans School, Faridabad**  
**Class: Pre-Nursery**  
**Session: 2023 - 2024**



**"In the end, kids won't remember what fancy toy or game you bought them, they will remember the time you spent with them."**

Dear Parents

The much-awaited summer vacation has already started. You have an opportunity to spend some quality time with your child. To help you in this endeavour, we have planned some holiday fun which would not only engage the children in channelising their energies during this break but also promote their bonding with the family.

### Let's Develop Our Skills

"Skill is better than strength."

- Keep a stack of old newspaper, books and notebooks handy. Let the children use thick wax crayons to scribble on them, make long strokes.
- Encourage the child to play grip games.



- Tell stories to the children. This will help develop the children's imagination and also improve their knowledge of sounds, words and language as well as the world around them.



- And most importantly, listen to their stories with interest. Encourage them to think out loud and answer their questions earnestly.

## Let's Keep Fit and Healthy

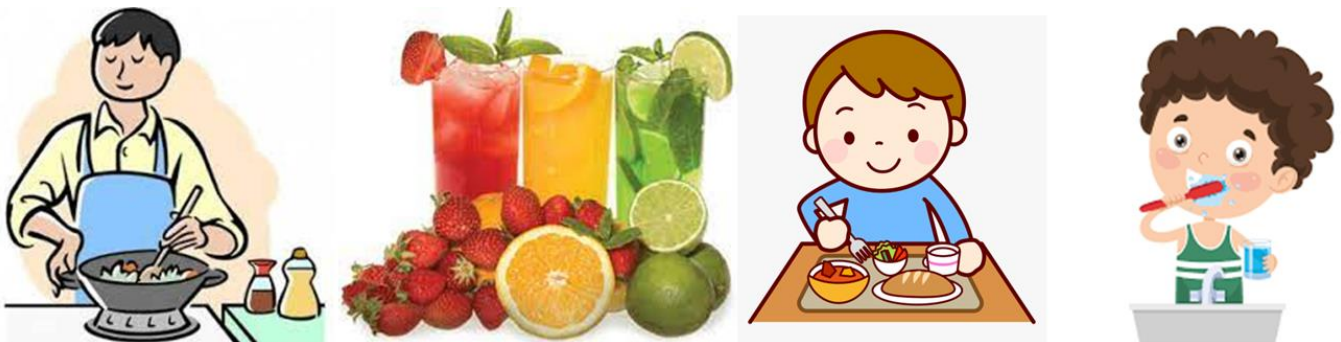
"Healthy mind resides in a healthy body"

It would be good if you could set a familiar routine for the children as far as possible. Help them set a bedtime and morning toilet routine during the vacation.

- Also establish a simple exercise regime for them to follow daily and encourage them to eat home-cooked nutritious food.



- Enjoy eating healthy food with the children and try to teach them names of things served. Cool drinks like lassi, aampanna, lemonade, and fruits and vegetables like watermelon and cucumber will keep them hydrated.



- Help your children to be independent and responsible. For example, you must teach them to brush their teeth and eat their food on their own.

## Let's Go Clean and Green

"Love the nature it will love you back, Save the nature, it will save you back."

- Make the children aware of the important role nature plays in our lives and help them to understand how they can give back to it.
- Encourage them to leave a little food and water outside in the verandah for birds and stray animals after each meal.





- Let them water the houseplants, if any, daily in the morning or evening.
- Motivate them to keep our surroundings clean by not littering and also by cleaning up after themselves.



- Teach them not to waste food, water, electricity or other resources. Ask them to switch off the lights and fans when they leave a room.

### Let's Be Creative

"Being creative is not a hobby, it's a way of life."

- Introduce the children to shapes and colours. Let the children doodle and draw lines and patterns as per their wish using their choice of tool (crayon, marker, pencil colours etc).



- Let them stack blocks, rings or beads to thread or any other safe objects available around the house to come up with a variety of designs.

- Take them for a nature walk, and let them collect twigs, branches, fallen leaves, flowers etc.



- Remind them to gift the folders made during the Summer Camp for their father for Fathers' Day. (The Fathers' Day falls on the third Sunday of June,)

### Let's Explore

"Exploration is curiosity put into action."

- Explore the world of science. Try out simple experiments with them. For example, smelling and identifying different smells, tasting and identifying different food items blindfolded, melting, boiling, drying and other such things. Please remember, the child must be supervised at all times.



- Explore the world of food. Cut and dice and give the children small quantities of whatever fruits and/or vegetables and/or sprouts is available at home to mix and make their own salad. Ask them to serve it to other family members too.
- Explore the world of entertainment. Play floor and board games; and watch kid movies with them. You can find many links on the net for stories and movies for children. Here are a few for you to explore:

<https://www.youtube.com/watch?v=ZQGuVKHtrxc> (A Joy Story)

<https://www.youtube.com/watch?v=Jj3fadwcNGI> (Molly)

<https://www.youtube.com/watch?v=07d2dXHYb94> (Pip)

[https://www.youtube.com/watch?v=\\_M5X18-ePVc](https://www.youtube.com/watch?v=_M5X18-ePVc) (Gullak)

<https://in.pinterest.com/pin/404761085259076556/> (Two seeds)

<https://www.youtube.com/watch?v=SUSsl5vO27k> (Piper)



### Submissions After the Holidays

- Take pictures of your child doing an activity from each section:

Let's Develop Our Skills

Let's Keep Fit and Healthy

Let's Go Clean and Green

Let's Be Creative

Let's Explore

Make a collage of all 5 pictures and upload it under your child's initial on the link given below by 03.07.2023 (Monday):

Link for Pre-Nursery Daisy -

[https://padlet.com/gsujatakrishna/pre-nursery-daisy\\_03-07-23-wmg0q4tklhg3qae4](https://padlet.com/gsujatakrishna/pre-nursery-daisy_03-07-23-wmg0q4tklhg3qae4)

Link for Pre-Nursery Lily -

[https://padlet.com/charukathuria999/pre\\_nursery\\_lily-03-07-23-55sy4nzafjvgjrp7](https://padlet.com/charukathuria999/pre_nursery_lily-03-07-23-55sy4nzafjvgjrp7)

- Take an English 4-line notebook and guide the children to do 1 page of pattern writing each day. Put the date and follow the formations given Annexure 1. Do at least 15 pages of practice work towards the end of the holidays. Send the practice notebook in your child's zipper pouch on 04.07.2023 (Tuesday).
- Mother and Child Project - Mothers to draw 2 large flowers on an **A3 size sheet** each and guide their children to colour them using bright colours. Send them to school in a **separate labelled paper bag** on 05.07.2023 (Wednesday).



**Come back to school on:**

Date: 03.07.2023 (Monday)

Time: 09:00 a.m. to 12:45 p.m.

## Annexure 1

### Sample for English Pattern Writing Practice

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**Note:** Practise one page as given in the above sample sheet daily for at least 15 days towards the end of the holidays. Make the patterns near the left margin but without touching it. Give the children the concept of lines. Let them repeat the phrase 'first line to third line' every time they draw a pattern.

# Number Formations

DELTA	Pg No.
Date	

Formation of numbers.

1

2

3

4

5

6

7

8

9

10

My NoteBook

Sign.

**Note:** Numbers 3 onwards will be taken up in class after the summer vacation. Have the child practise writing numbers 1 and 2 during the holidays.



## Letter Formations

Aa-Zz

Aa

Bb

Cc

Dd

Ee

Ff

Gg

Hh

Ii

Jj

Kk

Ll

Mm

Nn

Oo

Pp

Qq

Rr

Ss

Tt

Uu

Vv

Ww

Xx

Yy

Zz

**Note:** Letters of alphabet (only capital) will be taken up in class after the summer vacation.