

**ST ALBANS SCHOOL**  
**SECTOR – 15, FARIDABAD**

**Dated : 01.05.2021**

**‘We cannot re-write the chapters of history already past, but we can learn from them, evolve and adapt. The new normal may even be a better normal, certainly a different normal’**

Dear Parents

**Sub : Summer Vacation Holiday Homework**

Even in these critical times of the COVID pandemic, the school has, as always, kept the interest of the students the primary focus. Our untiring efforts have earned us a very good and encouraging response from the students and the parents.

To minimise academic loss, we are continuing to put in our best efforts so that your ward utilises his/her summer break in an efficient way.

We will resume classes in June 2021, as per the Government guidelines and directives issued in due course of time. The relevant details will be notified to you accordingly.

As always, **please check your email regularly for important updates like holiday assignments, date sheet, syllabus for unit tests and more.**

Kindly encourage your ward to complete the holiday assignments.

While the children are at home kindly encourage your ward to do the following as well:

1. Revise the syllabus covered till date.
2. Watch interesting documentaries on educational channels on T.V for short while like Animal Planet, National Geographic and Discovery.
3. Listen to stories and share them with others in the family.
4. Use their imagination to modify the stories they know to create new ones.
5. Use the new vocabulary learnt in their conversations.
6. Do something creative everyday: Art, smokeless cooking, gardening, playing music, making handmade objects, which are a part of experiential learning..
7. Be independent and follow a routine. Develop the habit of morning toilet when they get up, eating on their own, sleeping and getting up on time, dressing up on their own.
8. Do simple household chores.

Apart from these, please encourage your child to do Yoga/Physical Exercise/Dance/Aerobics daily in the morning to keep them fit and physically active.

As suggested by the school in our earlier notice regarding covid awareness and diet plan, you must encourage your ward to have balanced diet for their wellbeing and to keep themselves fit and healthy.

Stay home and stay safe.

Headmistress



**ST. ALBANS SCHOOL, FARIDABAD**  
**CLASS: PRE-NURSERY**

Date: 01.05.21

Dear Parents,

I hope you and family are safe and taking all the necessary precautions. The summer vacation has started. Please take the opportunity to strengthen your bond with your children by engaging in fun filled activities. We have put together a few activities themed 'Me and My World' to help you in this endeavour.

**ME AND MY WORLD**



**LET'S DEVELOP OUR SKILLS**

- Keep a stack of old newspaper, books and notebooks handy. Let the children use thick wax crayons to scribble on them, make long strokes.
- Mix some kidney beans (rajmah) and chick peas (chhole) together in a bowl and have the children separate them.
- Take a rice strainer or a basket with holes and try to poke in straws through the holes.



(All these activities will help enhance the grip of the children.)

- Tell stories to the children. This will help develop the children's imagination and also improve their knowledge of sounds, words and language as well as the world around them.
- And most importantly, listen to their stories with interest. Encourage them to think out loud and answer their questions earnestly.

**LET'S KEEP FIT AND HEALTHY**

- It would be good if you could set a familiar routine for the children as far as possible. Help them set a bedtime and morning toilet routine during the vacation.
- Also establish a  simple exercise regime for them to follow daily and encourage them to eat home-cooked nutritious food.
- Enjoy eating healthy food with the children and try to teach them names of things served. Cool drinks like lassi, aampanna, lemonade and fruits and vegetables like watermelon and cucumber will keep them hydrated.
- Help your children to be independent and responsible. For example you must teach them to brush their teeth and eat their food on their own.



## LET'S GO CLEAN AND GREEN

- Make the children aware of important role of nature in our lives and help them to understand how they can give back to it.
- Encourage them to leave a little food and water outside in the verandah for birds and stray animals after each meal.
- Let them water the houseplants, if any, daily in the morning or evening.
- Motivate them to keep our surroundings clean by not littering and also by cleaning up after themselves.
- Teach them not to waste food, water, electricity or other resources. Ask them to switch off the lights and fans when they leave a room.



## LET'S BE CREATIVE

- Introduce the doodle and draw of tool (crayon,  children to shapes and colours. Let the children lines and patterns as per their wish using their choice marker, pencil colours etc.) It can prove to be great know what they will come up with.
- Let them stack blocks, rings or any other safe objects available around the house to come up with a variety of designs.
- Give the children a variety of large beads to play with and thread (you can use an old shoelace or a piece ribbon for threading) to make small pieces of jewellery for their own selves. 
- Tell the children anecdotes about you and their grandparents from your childhood and encourage them to come up with their own stories about the incidents in their lives.
- Make up games. For example you can indulge in fantasy play with them. Let them choose a character to play and also ask them to assign a role to you.

## LET'S EXPLORE

- Try out simple experiments with them. For example, take a small quantity of water in a bowl. Put a large piece of sponge in it and watch the sponge quickly absorb the water. Now carefully pick up the sponge and squeeze it firmly to drain out the water from it. 
- Nurture the feeling of empathy towards others in the children. For example you can ask them to fetch a glass of water for mommy when she is tired.

- Explore the world of food. Cut and dice and give quantities of whatever fruits and/or vegetables available at home to mix and make their own salad.



the children small and/or sprouts is

- Play board games and watch kid movies with them. You can find many links on the net for stories and movies for children. Here are a few for you to explore:

<https://www.youtube.com/watch?v=Jj3fadwcNGI> (Molly)

<https://www.youtube.com/watch?v=07d2dXHYb94> (Pip)

[https://www.youtube.com/watch?v=\\_M5X18-ePVc](https://www.youtube.com/watch?v=_M5X18-ePVc) (Gullak)

<https://in.pinterest.com/pin/404761085259076556/> (Two seeds)

<https://www.youtube.com/watch?v=dIE59EyST9Y> (Khulhad)

**Remember: Stay home, stay safe.**

Class Teacher