



**ST. ALBANS SCHOOL
SECTOR 15, FARIDABAD
K.G. (Session:2023-24)**

**Here begins the summer vacation
Start your day with meditation
And develop your concentration.**

We hope the children enjoyed their time in school as much as we enjoyed getting to know them. Summer vacation has just begun. This is when you get an opportunity to spend quality time with your child.
Encourage your child while doing these interesting, creative and innovative activities.

❖ CULTIVATE MANNERS:

Remember Magic Words - Make use of these words in daily routine to enhance vocabulary and personality of your child. Encourage them to speak simple sentences in English for an activity to be taken up in the class.

Activity: Support the child in making a word tree on an A3 size sheet and paste one leaf shape cut out daily with a word written on it e.g., go, do, lad, dad etc. Help the child read from it daily.



❖ LET US STAY FIT:

"Children are more likely to make healthy choices when their parents set a good example." Show them that you enjoy exercising and being healthy and they will be more willing to give it a chance. Make a habit of waking up early, carry out yoga/exercise session with your children.

Follow the links-

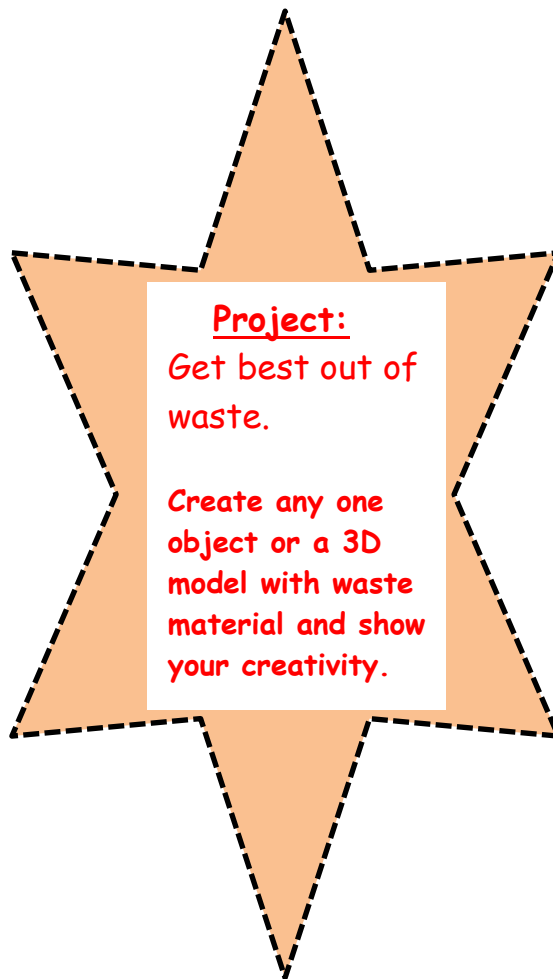
<https://youtu.be/yarxCrHWyXQ>

<https://youtu.be/5XCQfYsFa3Q>





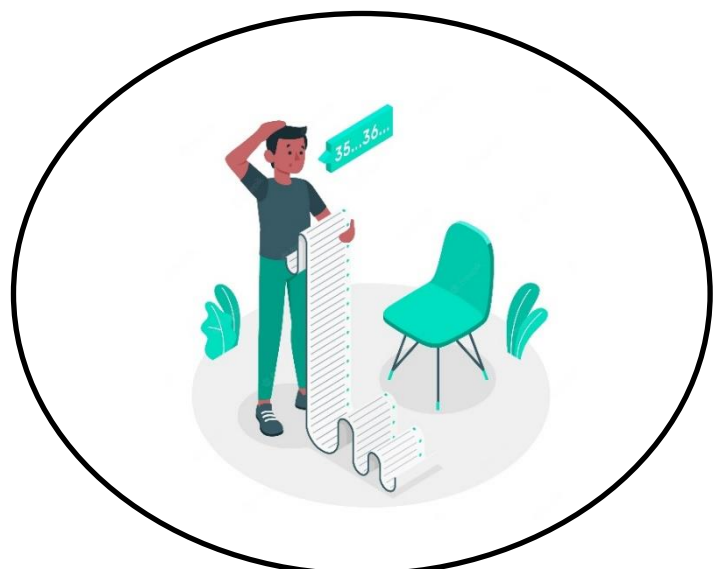
Let us create something interesting:



❖ OUTDOOR FUN:

Plan a visit to the supermarket, metro station etc. this will not only provide the much-desired fun but also nurture and stimulate young minds.

Think and Do: Collect bills and tickets of the places visited. Encourage children to read and compare the numbers.



❖ TIME TO EXPLORE CULLINARY SKILLS:

Healthy outside starts from inside. So, let's have a lot of healthy food, yummy fruits and plenty of water to beat the heat. Ask your child to help you in the kitchen in preparing a healthy recipe.

Explore and Observe: Learn names of at least 5 spices used in kitchen (other than salt and turmeric) and discuss their benefits with the teacher.



Lemonade



Vegetable Salad



Pudding

❖ LET US BE THE LITTLE SCIENTISTS:

Help children in performing simple experiments at home to understand their surroundings and learn by themselves.

Follow the link-<https://youtu.be/t957N-yhCoI>



❖ PROMISE TO THE ENVIRONMENT: Go! Grow! Glow! As you sow



Help your child plant a sapling in a small pot, water it and take care of it.

Encourage your child to do the activities himself/herself and appoint a specific time for the practice work every day.

Follow the link (The little seed)-

<https://youtu.be/2dhkiw19nZg>

❖ DEVELOP READING HABIT:

Enrich their storehouse of knowledge by cultivating a '**Reading Habit**'. Read a story to them every day, this will not only enhance their vocabulary but develop their linguistic skills. As you read, let them point out to the pictures and talk about what is happening to the character and the character he/she likes the most.

Reading suggestions:

- a. Lady bird series
- b. Panchtantra and Jataka Tales etc.



Activity: Make a bookmark for the story book.

Practise:

- Writing your full name.
- Recognition of akshars, numbers and letters.
- Joining of letters.
- Reading daily.
- Comparison of numbers and objects.
- Packing the school bag.
- Laying table.
- Buttoning and unbuttoning of shirt.

Activity:

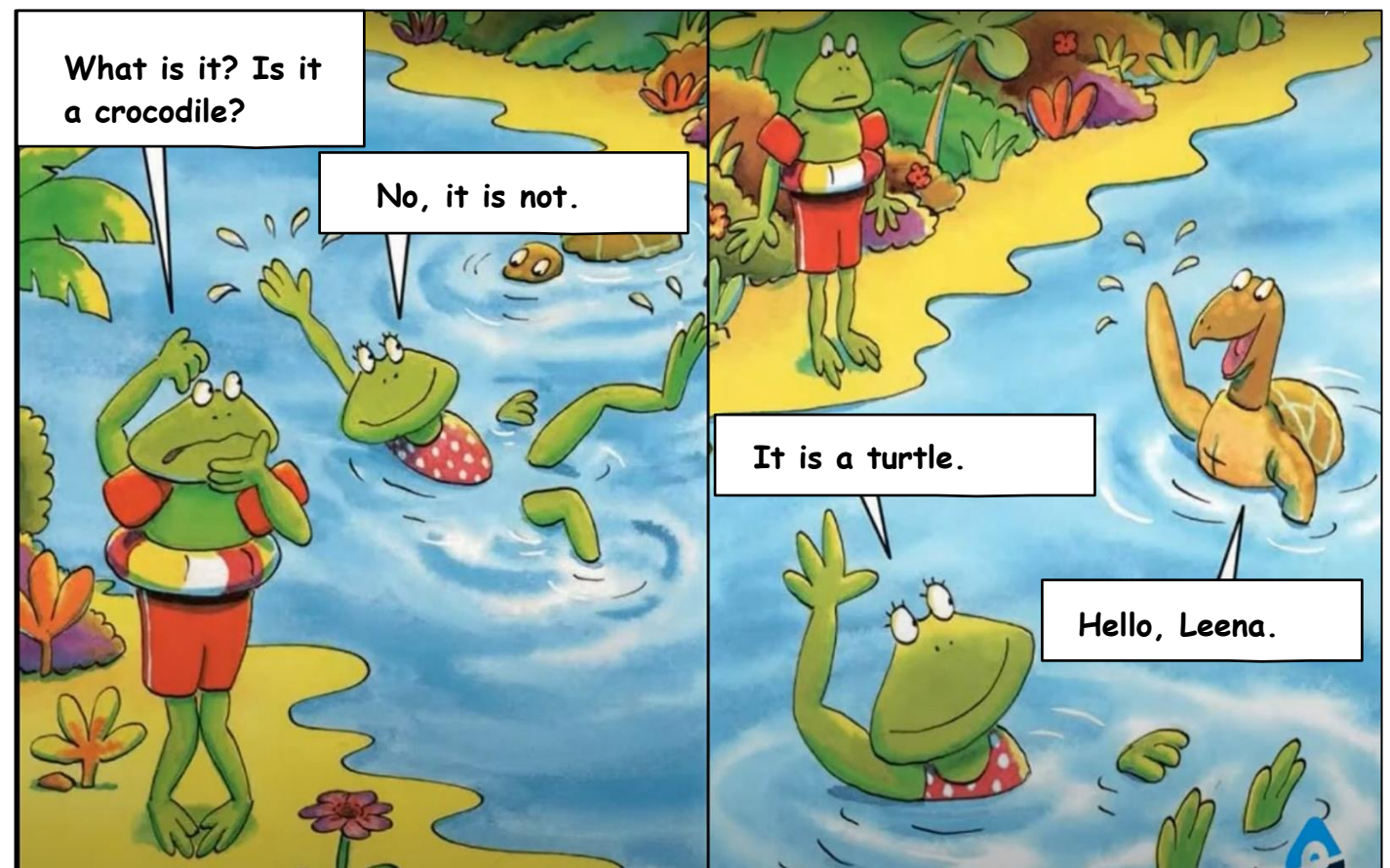
- **Make a puppet or a face mask (approx. 10"x10") of your favourite character from the story. Choose a story other than the story sheet attached.**
- **Create a reading sheet of a story of your choice.**



English Story for Reading- 01

The Frog and The Crocodile

Video link- <https://youtu.be/JzqNuHfg0aw>



Wait, what is that? Is that a crocodile?

No, it is not. It is a tree.

I like swimming and I am not afraid of crocodiles.

Wait, is that a crocodile?

Help, it is a crocodile.

Hello, little frog. I like frog for lunch.

I am not afraid. I can run very fast.

But I can swim faster with my long tail.

And I have a long tongue.

That's fantastic, Leena!



झूठा तोता

Video link- <https://youtu.be/olhPFESySpY>

एक जंगल में तोता रहता था। उसका नाम था पकपक। पकपक को हर बात बड़ा चढ़ा के बोलने की आदत थी।







अरे इतना सुंदर पक्षी
कौन हो तुम ? कहाँ
से आए हो ?

मैं कबूतर हूँ और मेरा नाम
सफेदा है। मैं यहाँ कुछ ढूँढ़
रहा हूँ।



देखो सभी देखो
कितना सुंदर पक्षी
है यह।

अरे वाह !

मैं हूँ पकपक देखा तुम सबने मैं कितना
लोक प्रिय हूँ मुझे सब जानते हैं।

मुझे पकपक से मिलना
है। क्या तुम हो पकपक ?

तुम जानते हो कबूतर मैं इस जंगल में
सबसे अमीर हूँ।



मज़ा आया आज पकपक अपनी बुरी आदत की वजह
से फँस गया।

रहने दो सफेदा इसके पास तो पहले से ही
सब कुछ है।

क्या मतलब ?

यह शेर राजा हैं। राजा जी तुम्हें अपने
महल में अपने साथ रहने के लिए
बुला रहे थे। लेकिन तुम्हारे पास तो
सब कुछ है इसलिए शेर राजा ने अब
अपना मन बदल लिया है।